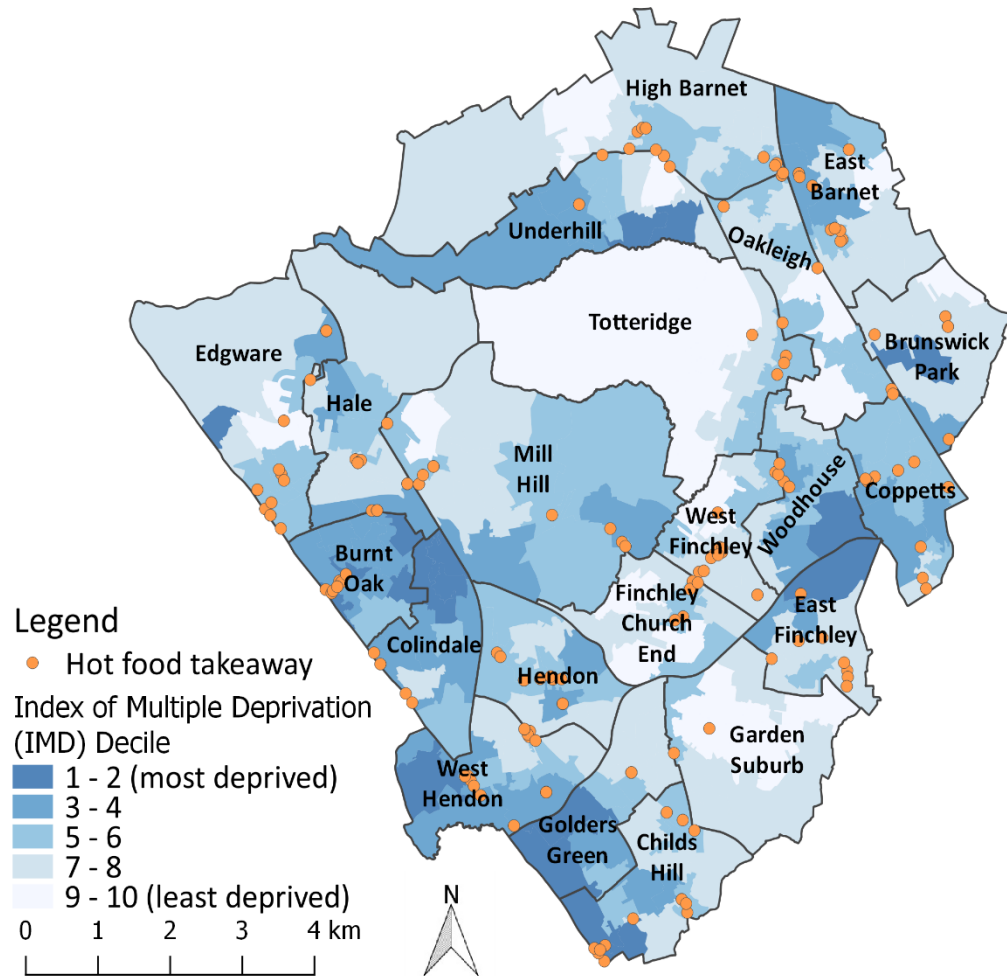
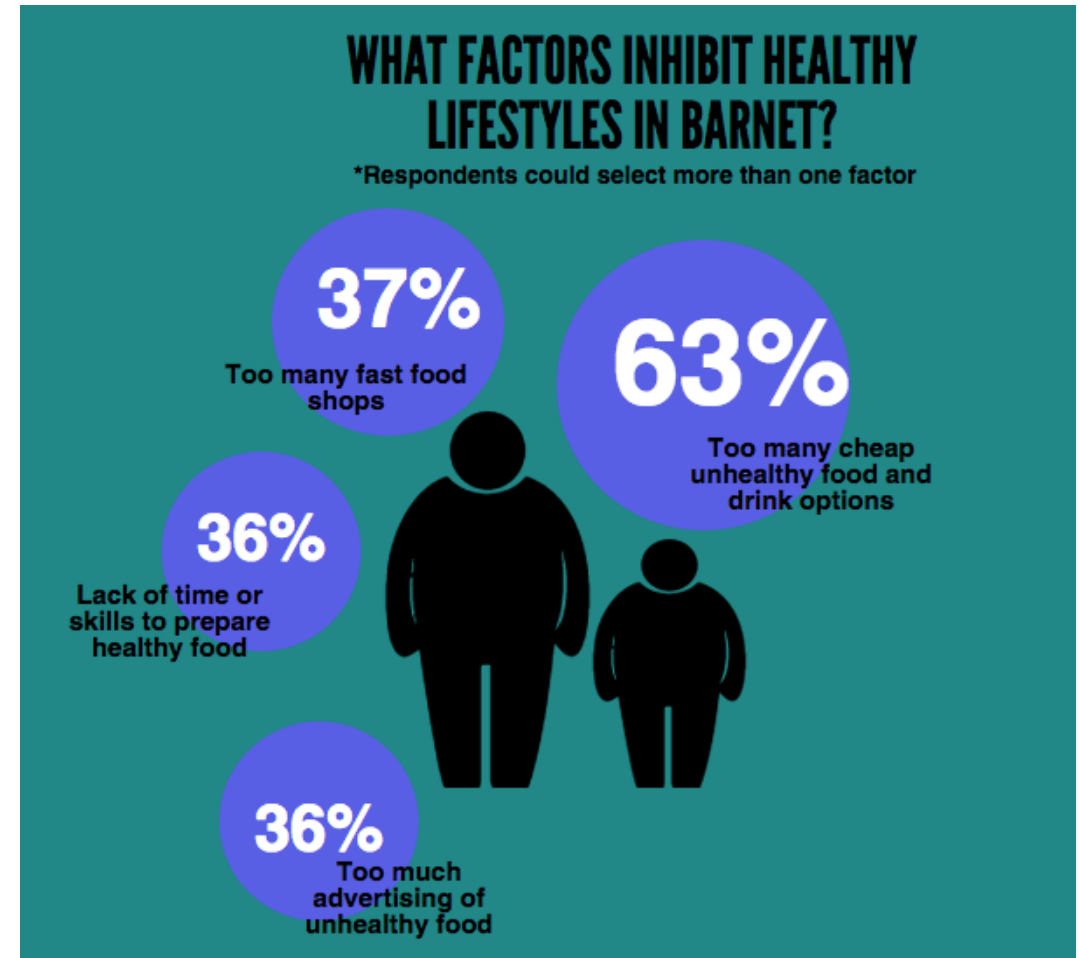


Local Government Declaration on Sugar Reduction &
Healthier Eating
Healthy Weight Approach

Background



Hot Food Takeaways in Barnet. (Food Standards Agency, 2018; Ministry of Housing, Communities & Local Government, 2015)



GLA. (2017). Great Weight Debate Survey.

Areas for action



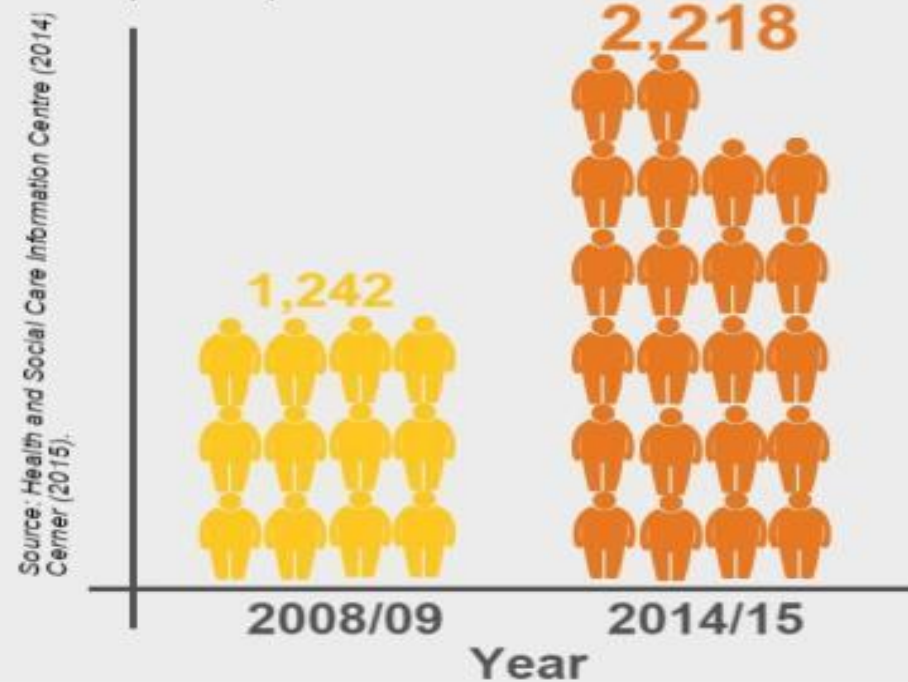
MAYOR OF LONDON

Case Study: Barnet Hospital

Hospital admission with a diagnosis of obesity

Trust data indicated a significant increase in obesity-related admissions since 2008/09. There has been an 80% increase in hospital admissions whereby obesity is one of the underlying causes (primary or secondary diagnosis).

Number of admissions with a diagnosis of obesity at Royal Free Trust



Case Study: Barnet Hospital

CQUIN measures 2017/18 included	Reporting schedule	Reporting level	2017/18 target	2018/19 target
% of drinks have less than 5 grams of added sugar per 100ml	Annual	Trust	70%	90%
% of confectionery and sweets do not exceed 250 kcal			60%	80%
% of pre-packed sandwiches and meals contain 400kcal or less and do not exceed 5.0g saturated fat per 100g.			60%	75%

2016/17 targets achieved at Barnet Hospital: (i) The banning of price promotions on sugary drinks and foods high in fat, sugar and salt (HFSS) . The majority of HFSS fall within the five product categories: pre-sugared breakfast cereals, soft drinks, confectionery, savoury snacks
(ii) The banning of advertisement on NHS premises of sugary drinks and foods high in fat, sugar and salt (HFSS);
(iii) The banning of sugary drinks and foods high in fat, sugar and salt (HFSS) from checkouts;